

# SPORT AND EXERCISE PSYCHOLOGY CERTIFICATE

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The Certificate in Sport and Exercise Psychology consists of 5 courses (15 credits). The program provides the student with a knowledge foundation to work with athletes and athletic teams; to work in wellness programs in corporate or medical settings; or in other health promotion areas. It is designed for individuals who aspire to work in the field of counseling, coaching, education, fitness/ wellness, sports medicine, or psychology.

The program is appropriate for: matriculated graduate students pursuing other programs in the department; licensed professionals in psychology, counseling, social work, marriage and family therapy; or nonmatriculated students, with an appropriate degree who wish to pursue study for the certificate. Seton Hall students who take certificate courses as part of another program will be awarded the certificate upon completion of the additional courses.

Five courses are required (15 credits). Up to 3 credits may be waived, at department discretion, for equivalent graduate or undergraduate courses taken at Seton Hall University. Course must be approved by adviser.

Code	Title	Hours
CPSY 7105	Psychology of Sport-Exercise	3
CPSY 8007	Mind Body Issues-Interventions	3
Select three of the following courses:		9
CPSY 6003	Counseling Skills	
CPSY 6105	Biological Bases-Behavior	
CPSY 6505	Prin Learn-Behavior Mod	
CPSY 8010	Eth and Lgl Iss in Couns Psych	
CPSY 8541	Special Topics-Sport/Excercise	
<b>Total Hours</b>		<b>15</b>