

# DEPARTMENT OF ATHLETICS AND RECREATIONAL SERVICES

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Richie Regan Recreation and Athletic Center, Second Floor  
(973) 761-9498  
Hours: Monday-Friday, 8:45 a.m.-6 p.m.  
Email: [athletics@shu.edu](mailto:athletics@shu.edu)  
[www.shuirates.com](http://www.shuirates.com)

## Mission Statement

The Seton Hall Department of Athletics and Recreational Services embraces its mission to promote the positive character-building attributes and life skills gained through intercollegiate athletics and recreational programs. We are also committed to demonstrating competitiveness in the Big East Conference and on the national scene. The Department mirrors the University's commitment to servant leadership and operates in conjunction with its overall mission, which focuses on academic and ethical development while enriching the mind, heart and spirit.

As part of an institution where the Catholic faith and intellectual tradition are celebrated, the Department of Athletics is dedicated to enriching the lives of its student-athletes. We recognize no gender, racial or ethnic barriers and provide quality opportunities and programs to ensure that every student-athlete reaches their maximum potential.

## Athletics

The Department of Athletics and Recreational Services organizes, manages and promotes all intercollegiate and recreational sports activities at Seton Hall University, with the objective of enriching the educational experience of every involved student. On an intercollegiate level, the University competes in 14 sports, with approximately 230 student-athletes participating. Seton Hall is a charter member of the prestigious Big East Conference, and competes on the NCAA Division I level in all sports.

Pirate athletics has enjoyed a rich tradition. The men's basketball team has made 14 NCAA Tournament appearances and advanced to four Sweet Sixteens, two Elite Eights and the 1989 National Championship game. The program has also captured three BIG EAST regular season championships and three conference tournament titles. The women's basketball team competed in the NCAA Tournament in 1994, 1995, 2015 and 2016, advancing to the Sweet Sixteen in 1994. The baseball, men's and women's golf, men's soccer, softball, men's swimming and diving, and volleyball teams all have won BIG EAST championships.

Seton Hall student-athletes have been recognized for their athletic and academic achievements by being named to All-America, Academic All-America and All-BIG EAST Academic teams. Several athletes have been awarded post-graduate scholarships for their outstanding academic and athletic accomplishments. In 2008, Seton Hall's first Rhodes Scholarship was awarded to a former student-athlete. Seton Hall also has had a substantial impact in international competition. The University has been well-represented in recent Olympic Games, as coaches and athletes from the University participated in the 1992, 1996, 2000, 2008, 2012 and 2020 Summer Games.

## Recreational Services

The Recreational Services program is designed to provide members of the University community opportunities to participate in a variety of athletic activities. These activities encompass team and individual sports, as well as informal programs. Current recreational opportunities include intramurals, club sports, and open recreation. In addition to the obvious benefit of physical fitness, participants also improve skills, establish friendships and develop lifelong leisure time habits.

**Intramurals** are organized sports leagues made up of Seton Hall students. They provide an opportunity to get involved, have fun, and exercise. To meet the varied skill levels of participants, tournaments offer different divisions from a competitive atmosphere to a more low-key, fun environment; there is something for everyone. The winners of each event are awarded a championship shirt for that sport. Students can participate in flag football, basketball, volleyball, soccer, road races and more.

**Club Sports** give students an opportunity to learn a new sport, meet people with the same interests, and maintain a competitive outlet. Teams practice regularly and participate in leagues with other local colleges. Each club's primary goal is to promote and develop participation in that activity. Club sports are financed through the fund-raising efforts of their respective members. Currently active clubs include: Rugby, Ice Hockey, Men's Soccer, Women's Soccer, Men's Volleyball, Women's Volleyball.

**Open Recreation** provides a recreational outlet for individuals who wish to participate in a less structured, non-tournament form of play. Students who choose to utilize the many wellness offerings at the Recreation Center will find the opportunities to be spiritual, as well as vital to good health. Playing pick-up basketball, volleyball, or soccer may be your choice. If not burn a few calories in the Fitness Center or try out pickleball or corn hole. You'll find just about everything going on inside the Regan Center.

The offices of the Department of Athletics and Recreational Services are located in the Richie Regan Recreation and Athletic Center. Information about athletic programs may be obtained by calling (973) 761-9497. For information concerning recreational programming, call (973) 761-9722.

### Regan Center Hours (during the Regular Session):

- Monday – Thursday, 7 a.m. - 10 p.m.
- Friday, 7 a.m. - 8 p.m.
- Saturday – Sunday, 9 a.m. - 7 p.m.