# NUTH - NURSING -UNDERGRADUATE (NUTH)

## NUTH 1001 Group Dynamics (2 Credits)

# NUTH 1003 Sociocultural Determinants of Health and Healthcare (3 Credits)

This course will introduce concepts and theories relevant to the care of diverse populations. Patterns of beliefs, values, behaviors and religious practices of major cultures of the world represented within our regional healthcare systems and their impact on health practices and healing behaviors of specific populations will be examined. Culture specific strategies for health promotion and disease management will be discussed. Social factors that influence perception of health and health behaviors will be reviewed. Health disparities experienced by specific populations in the U.S. will be critically analyzed with an emphasis on cumulative effects of social determinants of health upon healthcare outcomes for these populations. This course aims to increase cultural awareness, cultural sensitivity and cultural competency and promote an understanding of strategies to improve outcomes for diverse patient populations.

Prerequisites: NUTH 1101

### NUTH 1004 Dying with Dignity (2 Credits)

# NUTH 1005 Sociocultural Determinants of Health and Healthcare (2 Credits)

This course will introduce concepts and theories relevant to the care of diverse populations. Patterns of beliefs, values, behaviors, and religious practices of major cultures of the world will be examined as well as their impact on the health practices and healing behaviors of these populations. Culture specific strategies for health promotion, disease prevention, and disease management will be discussed. Factors that influence perception of health and impact health behaviors will be reviewed. Health disparities experienced by specific populations in the U.S. will be critically analyzed with an emphasis on the cumulative effects of social determinants of health upon healthcare outcomes for these populations. This course aims to increase cultural awareness, cultural sensitivity, and cultural competency, and promote an understanding of strategies to improve inclusion and outcomes for diverse patient populations.

#### NUTH 1101 Professional Nursing Practice Foundations (3 Credits)

This course is designed to introduce the student to the art and science of nursing, as well as the philosophy of the College of Nursing. The historical development of nursing and nursing education is discussed. Person, environment, and health are examined as central concepts in nursing theories as well as their influence on the nursing process, clinical judgment, and nursing practice. Students are introduced to the nursing process as a means for designing and delivering nursing care. Select legal and ethical issues and trends will be discussed as they relate to current nursing practice. Students will explore QSEN (Quality and Safety Education for Nurses) competencies with emphasis on Teamwork and Collaboration. Information fluency concepts are presented, discussed, and applied within this course. Information Fluency proficiency course.

# NUTH 1102 Lifespan Context for Health of Diverse Individuals and Populations (3 Credits)

The focus of this course is human development, health promotion, and wellness in both an individual and population context. Introductory principles and theories of population health, health promotion, and behavior change for wellness are presented along with theoretical perspectives on lifespan and family development. Students will: develop an understanding of determinants of health as applied to individuals and populations, including health disparities; develop beginning skills for assessment of population health risks; and learn about strategies to reduce health risks and promote healthy lifestyles and environments in individuals and populations. A service-learning experience in a community-based setting is integrated into the course. The focus of this course is human development, health promotion and wellness for individuals across the lifespan. Theoretical perspectives of growth and development, family theories and family adaptation at different stages are explored. Students will learn strategies to promote healthy lifestyles and environments to reduce risk of injury and disease in individuals of all age groups.

Prerequisites: NUTH 1101

## NUTH 1992 Independent Study in Nursing (1 Credit)

Opportunity to study an area or problem in nursing in greater depth and to develop the ability for self-directed learning. Departmental permission required.

#### NUTH 1993 Independent Study in Nursing (2 Credits)

Opportunity to study an area or problem in nursing in greater depth and to develop the ability for self-directed learning. Departmental permission required.

## NUTH 1994 Independent Study in Nursing (3 Credits)

Opportunity to study an area or problem in nursing in greater depth and to develop the ability for self-directed learning. Departmental permission required.

# NUTH 2001 Introduction to Professional Nursing (2 Credits)

## NUTH 2002 Legal Aspects of Nursing (1 Credit)

This course reviews the rights, privileges, and obligations of nurses in their relationship to each other, their employers, their patients, and all providers of health care. Emphasis is placed on developing the ability of the nurse to recognize and apply relevant legal concepts to insure his/her legal safety while providing optimal patient care.

### NUTH 2003 Pathophysiology (3 Credits)

This course focuses on human response patterns, common to all ages, to internal and external stresses that result in physiological alterations. Subsequent nursing courses will focus upon nursing care component, integrating the student's knowledge of these physiological alterations. This theory course is based upon physiological alterations and thus permits intensive study of concepts that will act as advanced organizers to change generalizations into usable scientific knowledge applicable to nursing.

Prerequisites: (BIOL 1102 or BIOL 1122) and (BIOL 1103 or BIOL 1133)

#### NUTH 2101 Nutrition and Health (2 Credits)

This course introduces students to the role of promoting and supporting nutritional health. The course will examine the interrelationship between nutrition, food, and the environment as they impact health status. The role and function of nutrients and therapeutic diets in health promotion, and wellness throughout the lifespan will be discussed.

**Prerequisites:** (BIOL 1102 or BIOL 1122) and (BIOL 1103 or BIOL 1133) and CHEM 1301

## NUTH 3002 Gerontological Nursing (2 Credits)

Prerequisites: NUTC 3113 (may be taken concurrently)

#### NUTH 3003 Research in Nursing (3 Credits)

This course introduces the undergraduate nursing student to the research process and ethical issues related to nursing research. The student will acquire skills necessary to read, interpret, evaluate and critically analyze nursing research studies in view of their use in nursing practice. Critical Thinking proficiency course.

Prerequisites: MATH 1203 and NUTC 3113

# NUTH 3004 Economic Management for the Professional Nurse (3 Credits)

This course will introduce basic concepts of business, financial management and economics. Emphasis is on the interactions between management, financing, regulation, competition and organizational innovations of healthcare.

Prerequisites: NUTC 3113

## NUTH 3010 Pharmacological Therapies (3 Credits)

Focus on pharmacological therapy and the role of the nurse in drug management with consideration to social, economic and the technological changes in administering medications safely. Categories of drugs, including prototypes, related to each body system/drug function are studied. Emphasis is on developing the knowledge base and critical thinking abilities necessary to care for clients receiving medication therapy.

Prerequisites: NUTC 2011

# NUTH 3020 Engaging the World: Catholicism Intellectual Thought and Contemporary Health care Issues (3 Credits)

This course focuses on a discussion of major themes and precepts in Catholic and other intellectual and religious traditions and their application to contemporary health care issues. Emphasis is on how Catholic and other religious and cultural traditions affect and influence people facing various transformative health care issues in their lives.

#### NUTH 3102 Gerontological Nursing (3 Credits)

This course will focus on the older adult population and the aging process from the biological and psycho-social and functional health perspectives. Discussions will include agerelated changes in all systems, risk factors, functional consequences, and common geriatric syndromes as well as common pathological conditions and health concerns faced by older adults. Health promotion, health maintenance, and restorative nursing are emphasized as well as adaptations in self-care required as a result of age-related changes and chronic illness. Selected field and simulation experiences are integrated. This course is applicable to the Gerontology Certificate Program in Social Work.

Prerequisites: (NUTH 1003 or NUTH 1005 and NUTH 1101 and NUTH 1102 and NUTH 2003 and NUTC 2011)

# NUTH 3891 Engagement in Catholic Intellectual Traditions & Health Care: Intrnshp in Catholic Studies & Nursing (3 Credits)

This course will immerse students in the history of Catholicism in South America and how the Catholic Intellectual Tradition is reflected in health care in Ecuador. Students will have experience in a culture unlike their own, in an effort to engage in a transformative cultural experience that will enable them to become culturally competent practitioners of the future. Students will utilize nursing process and critical thinking skills to provide health care.

NUTH 3950 Special Topic - Humanism in HC (3 Credits)

Prerequisites: NUTH 1101 or NUTH 2001

### NUTH 4001 Leadership, Management and Trends in Nursing (3 Credits)

This course focuses on knowledge and skills derived from leadership and management as they are translated and integrated into professional nursing practice and are analyzed within the contemporary healthcare delivery system. Students will explore their role as healthcare providers in the current marketplace through a quality improvement lens. Concepts of business, financial management and economics and their impact on the delivery and practice of healthcare will be examined.

Prerequisites: NUTC 3917

# NUTH 4440 Care of the Dying: Interventions for Body, Mind and Soul (3 Credits)

The focus of this CORE III course is to identify the role of the healthcare provider in the care of the terminally ill and dying patient. Students will develop an awareness of the dying process as a life transition and will discuss biological, psychological, spiritual and religious needs of dying patients and their families. This course will examine the papal doctrines and other religious literature regarding current day ethical issues and practices in the care of the dying patient. Additionally, religious/cultural aspects of the afterlife will be addressed in depth. Oral Communication proficiency course.